SHOCK Class Schedule 2026-2027

MONDAY

Studio A	Studio B	Studio C	Studio D	Studio E
	3:45pm-4:15pm Petite Edge SG Jazz Rehearsal (Katie)			
4:15pm-5:00pm Level 3 Combo Class (English)	4:15pm-4:45pm Level 1/2 S&C (Katie)	4:15pm-5:45pm Level 6 Ballet w/pointe (Pasha)	4:15pm-5:15pm Level 4/5 Jazz (Lindley/Makayla)	4:15pm-5:00pm REC Shock Tots 1 (Payton)
5:00pm-5:45pm REC Jazz/Hip Hop 1 (English)	4:45pm-5:30pm Level 1/2 Jazz (Katie)		5:15pm-5:45pm Junior Elite LG Jazz Rehearsal (Lindley/Makayla)	
5:45pm-6:30pm REC Jazz/Hip Hop 2 (English)	5:30pm-6:00pm Level 1/2 Leaps & Turns (Katie)	5:45pm-6:15pm Level 3 S&C (Pasha)	5:45pm-6:15pm Sr Int SG Jazz & Sr Elite SG Jazz Rehearsal (Lindley/Makayla)	5:45pm-6:15pm REC Boys Hip Hop (Max)
6:30pm-7:15pm REC Musical Theatre/Tap (Payton)	6:15pm-7:15pm Level 3 Jazz (Katie)	6:15pm-7:45pm Level 4/5 (A) Ballet w/pointe (Pasha)	6:15pm-7:15pm Level 6 Jazz (Lindley/Makayla)	6:30pm-7:00pm Petite Int SG Contemp Rehearsal (English)
	7:15pm-7:45pm Junior Int LG Jazz Rehearsal (Katie)			
7:30pm-8:15pm REC Shock Stars (Makayla)	7:45pm-8:15pm Junior Elite SG MT Rehearsal (Katie)		7:45pm-8:15pm Senior Elite LG Jazz Rehearsal (Lindley)	
		8:15pm-8:45pm Teen Elite Lyrical LG & Teen Elite LG Ballroom Rehearsal (Lindley/English)		

TUESDAY

Studio A	Studio B	Studio C	Studio D	Studio E
10:00am-2:15pm Homeschool Fall Session Intermediate		9:30am-2:15pm Homeschool Fall Session Advanced		10:00 am-10:30 am REC Mommy & Me (Angela L)
			3:30pm-4:00pm Teen SG Elite Jazz Rehearsal (Lindley)	3:30-4:30 FOA (at FOA) (Payton)
4:00pm-4:30pm Jr. Int SG Tap Rehearsal (Hunter)				
4:30pm-5:00pm Jr. Elite SG Tap Rehearsal (Hunter)	4:30pm-5:00pm Teen & Senior Elite SG Open Rehearsal (Ryan)	4:30-5:15pm Level 1/2 Combo Class (English)	4:30pm-5:30pm JL Mann Competition (Lindley/Makayla)	
	5:00pm-6:15pm Level 4/5 Contemp/Open (Ryan)			5:00pm-5:45pm REC Shock Tots 2 (Jo)
5:30pm-6:00pm Level 3 Tap (Hunter)		5:15pm-6:15pm Level 2 Ballet (Pasha)	5:30pm-6:00pm Level 6 Leaps &Turns (Lindley/Makayla)	5:45pm-6:30pm REC Shock Tots 3 (Jo)
6:15pm-6:45pm Level 1/2 Tap (Hunter)	6:15pm-7:30pm Level 6 Contemp/Open (Ryan)	6:15pm-7:15pm Level 3 Ballet (Pasha)	6:15pm-6:45pm Level 4/5 Leaps & Turns (Lindley/Makayla)	
		7:15pm-8:15pm Int/Adv Acro (Pasha)	7:15-7:45 Jr Elite Large Group Contemp Rehearsal (English)	
			7:45pm-8:15pm Senior Elite Line HH Rehearsal (Lindley/Ryan)	
	8:15pm-8:45pm Open Line Rehearsal (Ryan)			
	8:45-9:15pm Senior Int SG Cont & Senior Elite SG Contemp Rehearsal (English)			

SHOCK Class Schedule 2026-2027

WEDNESDAY

Studio A	Studio B	Studio C	Studio D	Studio E
4:30pm-5:00pm Level 4/5 Tap (Hunter)	4:15pm-5:00pm Level 3 Contemp (English)	4:15pm-5:00pm Level 2 Ballet (Pasha)	4:30pm-5:30pm JL Mann Game Day (Lindley/Makayla)	
5:00pm-5:30pm Teen Int SG Tap Rehearsal (Hunter)	5:00pm-5:45pm Level 1/2 Contemp (English)	5:00pm-6:00pm Level 3 Ballet (Pasha)	5:30pm-6:00pm Level 4/5 S&C (Makayla)	5:00pm-5:45pm REC Middle/High School Foundations (Lindsey)
5:30pm-6:00pm Level 6 Tap (Hunter)				
6:00pm-6:30pm Teen Elite SG Tap Rehearsal (Hunter)		6:00pm-6:30pm Level 6 S&C (English)	6:00pm-6:30pm Jr. Int LG HH Rehearsal (Lindsey)	
		6:30pm-7:00pm Petite/Junior Production Rehearsal (Katie)	6:30pm-7:00pm Teen/Senior Production Rehearsal (Lindley/Lindsey)	
	7:00pm-7:30pm Level 3 Leaps &Turns (Katie)	7:00pm-8:15 pm Level 6 Ballet (Pasha)	7:00pm-8:00pm Level 4/5 Combo Class (Lindsey)	
	7:30pm-8:15pm Junior Int. SG Contemp Rehearsal (Katie/English)			
		8:15pm-9:30pm Level 4/5 Ballet (Pasha)	8:15pm-9:15pm Level 6 Combo Class (Lindsey)	

THURSDAY

Studio A	Studio B	Studio C	Studio D	Studio E
				10:00 am-10:45 am REC LMA Shock Tots 1
				10:45am-11:30 am REC LMA Shock Tots 2
4:15pm-5:15pm Junior Evolve Ballet (Pasha)	4:15pm-5:15pm Teen Evolve Jazz Technique (Jo)	4:45pm-5:30pm Level 1 Jazz Technique (Katie)		4:45pm-5:30pm REC Shock Tots 2.5 (Angela L)
5:15pm-6:15pm Teen Evolve Ballet (Pasha)	5:15pm-6:15pm Junior Evolve Jazz Technique (Jo)	5:30pm-6:00pm Petite Evolve SG Jazz Rehearsal (Angela L)		5:30pm-6:15pm REC Jazz/Hip Hop 1 (Katie)
6:15pm-7:00pm Level 1 Ballet (Pasha)	6:15pm-6:45pm Junior Evolve Large Group Jazz Rehearsal (Jo/Angela L)	6:15pm-6:45pm Teen Evolve Small Group Jazz Rehearsal (Angela L/Jo)		6:15pm-7:00pm REC Jazz/Hip Hop 2 (Katie)
	7:00pm-7:30pm Junior/Teen Evolve HH Class (Jo/Angela L)			
	7:30pm-8:00pm Junior Large Group Evolve HH Rehearsal (Jo/Angela L)	7:30pm-8:00pm Teen Small Group Evolve HH Rehearsal (Angela L/Jo)		