		MONDAY					TUESDAY		
Studio A	Studio B	Studio C	Studio D	Studio E	Studio A	Studio B	Studio C	Studio D	Studio E
					9:00am-10:00am Adult Jazz Funk (Lindsey)				
					10:00am-2:15pm Homeschool Fall Session (Ages 8-12)		9:30am-2:15pm Homeschool Fall Session (Ages 13+)		
								3:45pm-4:15pm Teen Elite SG Jazz Rehearsal (Lindley/Marisa)	3:30pm-4:30pm FOA at FOA (Katie)
4:15pm-4:45pm Tap Technique Level 5 (Hunter)	4:15pm-5:15pm Ballet Level 2 (A) (Anina)	4:15pm-5:00pm REC Dance Foundations Jazz/Contemp 1 (English)	4:15pm-4:45pm Strength & Conditioning Level 3 (Katie)	4:15pm-5:00pm REC Shock Tots 1 (Pam)	4:15pm-4:45pm Teen Elite SG Tap Rehearsal (Hunter)		4:00pm-5:00pm Ballet Level 3 (B) (Anina)		4:15pm-5:00pm REC Storybook Ballet (Pam)
4:45pm-5:15pm Leaps & Turns Level 3 (Carissa)			4:45pm-5:45pm Jazz Technique Level 6 (Lindley/Marisa)			4:45pm-5:15pm Senior Elite SG Open & Senior Elite SG Hip Hop Rehearsal (Ryan)		4:30pm-5:30pm JL Mann Competition (Lindley/Marisa)	
5:15pm-6:15pm Ballet Level 4 (A) (Carissa)	5:15pm-6:15pm Jazz Technique Level 2 (Katie)	5:00pm-5:45pm REC Jazz/Hip Hop 1 (English)		5:00pm-5:45pm REC Jazz/Hip Hop 2A (Jo)	5:00pm-5:30pm Junior Int & Elite SG Tap Rehearsals (Hunter)	5:15pm-6:30pm Contemp/Open Hip Hop Technique Level 6	5:00pm-5:45pm REC Acro Foundations (Jo)		5:00pm-5:45pm REC Shock Tots 2 (Pam)
		5:45pm-6:15pm REC Boys Hip Hop (Gavin/Max)	5:45pm-6:15pm Leaps & Turns Level 5 (Lindley/Marisa)	5:45pm-6:30pm REC Jazz/Hip Hop 2B (Jo)	5:30pm-6:00pm Hip Hop Technique Levels 3 & 4 (Hunter)	(Ryan)	5:45pm-6:30pm REC Musical Theater/ Tap (Jo)	5:30pm-6:00pm Teen Int LG Jazz Rehearsal (Lindley/Marisa)	5:45pm-6:30pm REC Shock Tots 3 (Pam)
6:15pm-7:15pm Ballet Level 3 (A) (Anina)		6:15pm-7:15pm Ballet Level 6 (A) (Carissa)	6:15pm-7:15pm Jazz Technique Level 4 (Lindley/Marisa)		6:00pm-7:00pm Ballet Level 2 (B) (Anina)				
				6:30pm-7:15pm REC Tap Foundations 1 & 2 (Pam)		6:30pm-7:00pm Elite Open Line Rehearsal (Ryan)	6:30pm-7:00pm Leaps & Turns Level 4 (Katie)		
	7:15pm-8:15pm Jazz Technique Level 3 (Katie)		7:15pm-7:45pm Teen Elite Lyrical Line & LG Hip Hop Rehearsal (Lindley/Marisa)			7:00pm-7:30pm Senior Elite LG & Teen Elite SM Contemp Rehearsal (Morgan)	7:00pm-7:30pm Strength & Conditioning Levels 4 & 5 (Katie)	7:00pm-8:00pm Contemporary Technique Levels 1 & 2 (English)	
7:30pm-8:15pm REC Shock Stars (Pam)			7:45pm-8:15pm Senior Int MT & Int SG Contemp Rehearsal (Lindley/Marisa)			7:30pm-8:45pm Contemp/Open Hip Hop Technique Level 5 (Ryan)	7:30pm-8:00pm Strength & Conditioning Level 6 (Carissa)		
		8:15pm-9:30pm Ballet Level 5 (A) (Carissa)				8:45pm-9:15pm Senior Int. LG Hip Hop & Teen Int. SG Contemp Rehearsal (Morgan)			

				SHOCK Class &	chedule 2025-202	c			
		WEDNESDAY		SHOCK Class 5	<u> </u>	<u>o</u>	THURSDAY		
Studio A	Studio B	Studio C	Studio D	Studio E	Studio A	Studio B	Studio C	Studio D	Studio E
4:00pm-4:30pm Tap Technique Level 1 (Hunter) 4:30pm-5:00pm Petite Int SG Tap	4:00pm-4:30pm Junior Elite SG Jazz Rehearsal (Katie) 4:30pm-5:00pm Junior Elite SG	4:30pm-5:30pm Acro	4:30pm-5:30pm JL Mann Game		4:15pm-5:15pm Junior Performance Company Ballet (Anina)	4:15pm-5:15pm Petite Performance Company (Katie)	4:45pm-5:45pm Ballet Level 4 (B) (Pasha)	4:15pm-5:15pm Teen Performance Company Jazz Technique (Lindsey)	
Rehearsal (Hunter)	Contemp Rehearsal (Katie)	(Ages 13+) (Pasha)	Day (Lindley/Marisa)						
5:00pm-5:30pm Hip Hop Technique Levels 1 & 2 (Hunter)	5:00pm-5:30pm Junior Musical Theater LG Rehearsal (Katie/Marisa)				5:15pm-6:15pm Teen Performance Company Ballet (Anina)	Junior nce Performance		5:15pm-6:15pm Adult Jazz Funk (English)	
5:30pm-6:00pm Junior Production Rehearsal (Hunter)	5:30pm-6:00pm Teen/Senior Production Rehearsal (Lindley/Marisa)	5:30pm-6:30pm Adult Barre (Pasha)					5:45pm-6:45pm Acro (A) (Ages 12 & under) (Pasha)		
6:00pm-6:30pm Petite Int SG & LG Hip Hop Rehearsal (Hunter)	6:00pm-7:00pm Petite Performance Company (Katie)		6:00pm-6:30pm Junior Jazz Line Rehearsal (Lindley/Marisa)			6:15pm-6:45pm Junior Performance Company Jazz Rehearsal (Lindsey)		6:15pm-6:45pm Teen Performance Company Jazz Rehearsal (Hunter)	
6:30-7:00 Tap Technique Levels 2 & 3 (Hunter)		6:30pm-7:30pm Ballet Level 5 (B) (Pasha)	6:30pm-7:00pm Senior Elite SG Contemp & Elite LG Jazz Rehearsal (Lindley/Marisa)		6:45pm-7:15pm Teen Performance Company Tap Technique (Hunter)	6:45pm-7:45pm Contemporary Technique Levels 3 & 4 (Morgan)	6:45pm-7:45pm Acro (B) (Ages 12 & under) (Pasha)		
7:00pm-7:30pm Tap Technique Level 4 (Hunter)	7:00pm-7:30pm Petite Int. SG Contemp & Int SG Jazz Rehearsal (Katie)		7:00pm-7:30pm Leaps & Turns Level 6 (Lindley/Marisa)		7:15pm-7:45pm Teen Performance Company Tap Rehearsal (Hunter)				
7:30pm-8:00pm Junior Elite LG Hip Hop Rehearsal (Hunter)	7:30pm-8:00pm Strength & Conditioning Level 2 (Katie)	7:30pm-9:00pm Ballet Level 6 (B) (Pasha)	7:30pm-8:30pm Jazz Technque Level 5 (Lindley/Marisa)			7:45pm-8:15pm Junior Int LG Contemp Rehearsal (Morgan)			
	8:00pm-8:30pm Leaps & Turns Level 2 (Katie)								
							FRIDAY 4:15pm-5:15pm Pointe Ballet (Carissa) Levels 4-6 only		