

SHOCK Class Schedule 2022-2023							
Monday		Tuesday		Wednesday		Thursday	
Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
3:00-4:00pm Private (Lindley)	4:15-4:45pm PreTeen Small Group Jazz Rehearsal (Anna/Angela)	3:00-4:00pm Privates (Lindley)	4:15-4:45pm PreTeen Elite Rehearsal Small Open (Ryan/Morgan)	3:00-4:00pm Privates (Lindley)	3:15-4:00pm PeeWee Technique/ Rehearsal (Katie)	3:00-3:45pm PreSchool Tap/Ballet Combo (3-5) (Katie)	3:15-3:45pm Stretch/ Conditioning (7-12) (Hunter)
4:15-4:45pm PreTeen Elite Jazz/Hip Hop Rehearsal (Lindley/Anna)	4:45-5:45pm Level IV Ballet (14+) (Anina)	4:00-5:30pm JL Mann Practice (Lindley/Anna)	4:45-6:00pm Level II & III Hip Hop/ Contemporary Technique (10+) (Ryan/Morgan)	4:00-5:30pm JL Mann Practice (Lindley/Anna)	4:00-4:30pm Mini Jazz Large Group Rehearsal (Katie)	3:45-4:30pm Mini Jazz/ Contemporary Technique (6-8) (Katie)	3:45-4:30pm Junior Tap Technique/ Rehearsal (Hunter)
4:45-5:45pm Level II Jazz/Lyrical Technique (10+) (Lindley/Anna)	5:45-7:00pm Level II Ballet (9-12) (Anina)	5:30-6:30pm Senior Rehearsal Large Group Jazz/Elite Large Group Hip Hop/Small Group Contemp (Lindley/Anna/Ryan)	6:00-6:30pm Teen Hip Hop Rehearsal (Anna/Ryan)	5:30-7:00pm Level IV Ballet/Pointe (15+) (Anina)	4:30-5:15pm Level I Ballet (6-8) (Anina)	4:30-5:15pm Mini/Junior Hip Hop Technique/ Rehearsal (Hunter)	4:30-5:15pm Dance Basics I Tap/Ballet/ Jazz Funk (5-7) (Katie)
5:45-7:00pm Level IV Jazz Technique/ Conditioning (14+) (Lindley/Anna)	7:00-7:30pm PreTeen/Teen Production Rehearsal (Angela)	6:30-7:30pm Junior/PreTeen Line Jazz/ PreTeen Large Lyrical Rehearsal (Lindley/Anna)	6:30-7:00pm Senior Tap Technique (15+) (Pam)	7:00-8:00pm Level III Jazz/Contemp Technique (12+) (Hunter)	5:15-5:45pm PreTeen Tap Technique (Pam)	5:15-5:45pm Junior Small Contemporary Rehearsal (Katie)	5:15-6:00pm Mini Tap Technique/ Rehearsal (Hunter)
7:00-9:00 pm Senior Rehearsal Large Contemp/ Musical Theater/ Production/Elite Small Jazz (Lindley/Angela)	7:30-8:45pm Level III Ballet/Pointe (13+) (Anina)	7:30-8:15pm PreTeen/Senior Elite Line Open/Senior Elite Small Group Open & Contemporary Rehearsal (Ryan/Morgan)	7:00-7:30pm Senior Elite Tap Rehearsal (Pam)	8:00-9:00pm Teen Large Jazz/Contemp Rehearsal (Hunter)	5:45-6:15pm PreTeen Tap Rehearsal (Hunter)	5:45-6:30pm Level I Jazz/Contemp Technique (8-12) (Katie)	6:00-6:45pm Acro I (5-8) (Ashley)
		8:15-9:30pm Level IV Hip Hop/Contemp Technique (14+) (Ryan/Morgan)	7:30-8:00pm Teen Small Contemporary Rehearsal (Morgan)		6:15-7:00pm Acro III (12-14) (Ashley)	6:30-7:00pm Junior Rehearsal Production (Katie)	6:45-7:45pm Dance Basics II Tap/Jazz/Hip Hop/Contemp (8+) (Hunter)
					7:00-7:45pm Acro IV (15+) (Ashley)	7:00-7:30pm Mini Large Contemporary Rehearsal (Katie)	8:00-8:45pm Acro II (9-11) (Ashley)
						7:30-8:00pm Junior Small Jazz Rehearsal (Katie)	
						8:00-8:45pm SHOCK Stars (Katie)	